

MORPHEUS8

PRE-TREATMENT INSTRUCTIONS

- Please arrive with **CLEAN FRESH SKIN** the day of treatment. **NO MAKEUP** or lotions.
- **SHAVE** areas with dense hair 1-2days prior to procedure.
- **AVOID** skin irritation or intentional sun exposure. **Sunscreen** is advised when outdoors during daylight hours.
- Please alert your healthcare team prior to procedure if you have **COLD SORES** such as herpes simplex virus. You may need prophylactic treatment before procedure.
- **STOP ANTICOAGULANTS** 7-10 days prior to treatment, if medically permitted check with your doctor.
- **Stop NSAIDs** 7 days prior to treatment. This will reduce the risk of bruising and bleeding.
- A complete or updated medical and physical history on file with our office is required.
- All consents must be signed and on file before treatment is performed.

POST-TREATMENT INSTRUCTIONS

- Emollient cream or occlusive dressing may be applied to the treatment areas.
- Prophylactic antibiotic treatment may be prescribed for 1-3 days post treatment. Patient is to contact the physician if there is any indication of infection, excessive swelling, redness, undue pain, or any other unusual or untoward symptoms.
- **Tiny scabs** may appear after 1-3 days and stay for several day following the treatment, the scabs **SHOULD NOT BE TOUCHED OR SCRATCHED** even if they itch and should be allowed to flake off naturally.
- Blisters may be treated with a prescribed antibiotic ointment or burn treatment cream as recommended by the physician.
- **DURING THE FIRST TWO DAYS** following treatment the skin should be **KEPT CLEAN** to avoid contamination or infection.
- Antiviral therapy should be continued for patients with a history of cold sores (Herpes Simplex) when treating around the mouth.
- **Moisturizer may be applied 24-72 hours** after treatment and then should be applied regularly throughout the course of the treatment. **Make-up may be applied only 24-72 hours** after each treatment session. Generally, 24 hours after treatment, patient may use regular soaps or exfoliants.
- Please use **sunscreen at least 30 SPF** and protect the treated area from over-exposure to sunlight for **at least one month** after treatment. Excessive tanning of any sort is not allowed in the treated areas during the entire course of the treatment.